



DEC 07

Knockout News!!!

Dear KO members,

Thank you for making Knockout a great gym to run and be a part of. Our team has enjoyed and continues to enjoy all of our members and the dedication that is helping build a great platform for gym success.

Some exciting updates and news:

- ◆ Please join us in the **“Knockout Happy Hours”** As a holiday treat the following dates will be happy hour at Knockout. We will serve some refreshments and healthy snacks on your way in or out of the club. This is a small token of our thanks for making Knockout your fitness choice. All team members and Knockout staff will look forward to greeting you.

Dates: Dec 3, 5, 12, 19, 20 in the evening from 5pm to 7pm Dec 6, 8, 15, 17, 21 from 8am till 10am.

- ◆ The very successful **G3** and **G-force** programs are starting back up! Save your spot and make sure your New Years resolutions are set early so that you end 2007 and start to 2008 in a great way. Some of the programs are starting early in December to help you through the holidays. Other programs will be starting the first week of January to kick it off right. Please see staff **ASAP** to reserve your spot today.

- ◆ **TRAINING SPECIALS!!**

Great for gifts for the holidays. Hurry fast and catch them before they hit the next phase.

Whether you are existing, past, or new client you can take advantage of these specials.

For every 5 sessions you get extra session, each has an expiration date per phase.

*Purchase 10 or more for only \$35 a ½ hour session and receive 1 free one for every 5 you buy expires on phase I Dec 7th 2007.

*Purchase 10 or more for only \$38 a ½ hour session and receive 1 free one for every 5 you buy expires on phase II Dec 15th 2007.

*Purchase 10 or more for only \$40 a ½ hour session and receive 1 free one for every 5 you buy expires on phase III Dec 31st 2007.

You may buy as many as you want on any of these phases that can carry over in 2008.

*New rates January will be \$42 a ½ hour per session.

Knockout members as a final token of the holiday spirit if you are on a EFT membership you can upgrade to a maximum of \$119 per month for the entire family (Must be on same monthly EFT and banking billing) unlimited to family in the same household. This has never and will never be offered again at this price \$119 for the whole family with no limit of family members.

Happy Holidays,

Knockout Team